

# SUPPORT YOUR Heroes!

## “The Heroes Ride 2020”



August 29<sup>th</sup>, 2020



### **Firefighters VS Law Enforcement**

Come out and support your favorite department, Rain or Shine!!!!

Ride money collect supporting Firefighters will go to the Summer Camp for Burn Injured Youth

Ride money collected supporting Law Enforcement will go to WI Injured Law Enforcement Officer's Resource Council (WILEORC)

The group with the most vehicles will have additional money raised at landing party go towards their cause AND bragging rights!!!!

**This is an escorted ride open to ALL Vehicles.  
Staging: 10am-11am Parkview Jr. High Hwy 83 Mukwonago  
One straight (parade type) ride (no stops) to  
Landing party at Lion's Pavilion Okauchee, WI**

**\$30.00 per vehicle donation**  
(first 250 registered will receive an American flag!!)

*Landing party featuring live music by "Dirty Boogie Band"*

Beverages, food, raffles and lots of FUN!!!!  
Hosted by: Bikers That Care



For details: Facebook Bikers That Care  
Website: [www.bikersthatcare.com](http://www.bikersthatcare.com)  
or contact Rebel @ 414.640.6125





## MILWAUKEE POLICE WELLNESS TEAM



On Wednesday, August 26th at 4:30pm the MPD Wellness Team of Heather Kersten, Emily Jirikowic, Ryan Rediske and George Papachristou will be hosting another informational night for our officer's families at the MPA hall which is located at 6310 W. Bluemound Rd. Heather and Emily are our in-house psychologists, Ryan is our Early Intervention Program Coordinator and George is the Department Chaplain.

The MWT recognizes that families play a crucial role in the health and wellness of our officers, however, we also realize our families need support and resources for themselves as well. The job of law enforcement is a noble one, but it can affect loved ones as much as it affects our officers. It is our hope that families of law enforcement will benefit from communicating with peers who understand these challenges, and find support in other law enforcement families, as well as our providers, who understand what they go through every day.

These meetings are a way to create a safe and welcoming space for spouses, significant others, older children (14 and over), and other family members to discuss fears, address issues, and raise questions unique to the law enforcement culture. It is also a way for you to contribute your knowledge and experiences in return. We hope this atmosphere will allow family members to form friendships and build trust and add an additional support system for families and companions of law enforcement.

During these meetings we will:

- Provide training and resources to increase resiliency and strengthen internal support.
- Offer insights regarding physiological and psychological reactions an officer or his family members may be experiencing.
- Present coping skills and strategies to manage many adverse reactions.
- Explain what support resources and assistance is available to officers and their family.
- Allow spouses in the LE community to form their own network of support and friendship.

We will continue to hold monthly meetings covering various topics law enforcement family faces, and we always welcome feedback and ideas. We hope you can join us for information and fellowship with your fellow blue families!

If you have any questions, please contact Chaplain George Papachristou:

262-617-9153

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